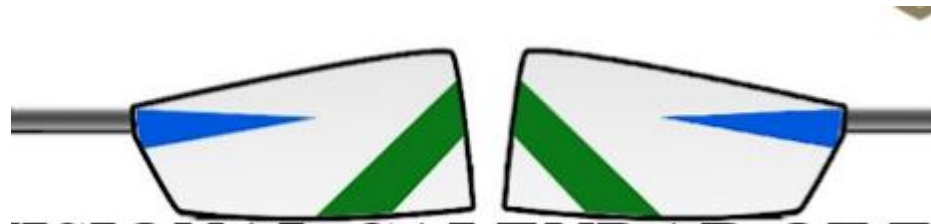




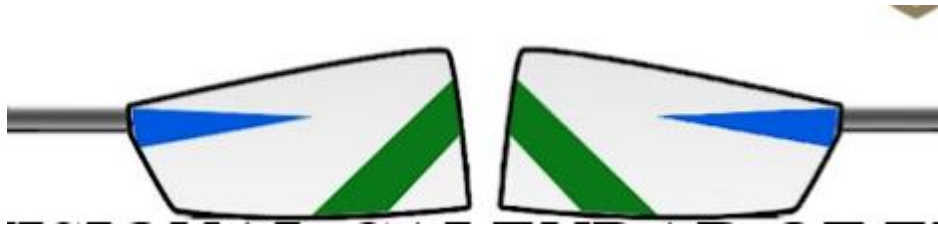
QEHS Boat Club

Year 9 and New Starters Parents Evening



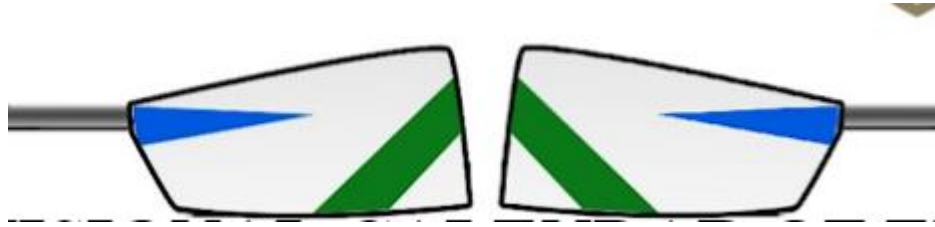
Welcome to QEHS rowing





Why QEHS Rowing Club?

- Over 100 rowers in the club
- Only sport in school that gives your child access to compete in multiple local and national events
- Professional coaching – L2 qualified coaches, all experienced rowers
- Great life skills learned
- Sense of belonging – we are a large community within school



Coaching team

Head of Rowing

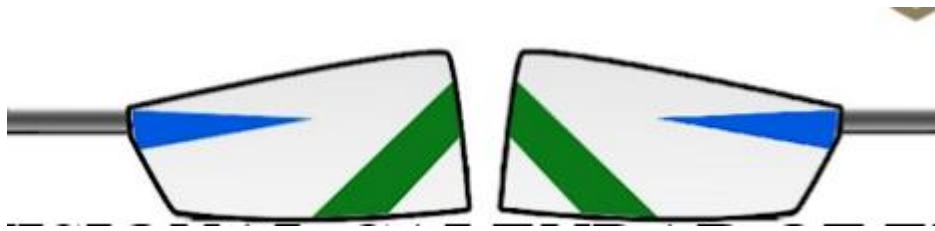
Head coach

Session coaches

Child Welfare Officer

Safeguarding – Mrs Hattie Curry QEHS Safeguarding Lead

- Paul Gaines
- Pamela Walton
- Tom Mawson
 - Kevin Oates
 - Daniel Jones
 - Finlay Burrows
- Julie Philips



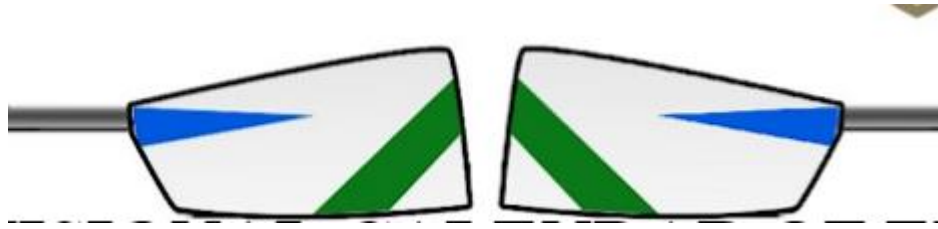
Membership

Subscription

- £30.00 per month subscription - Payment by Standing Order
- Please complete the Standing Order form and hand in today before leaving
- Complete the application form on the school website - <https://www.qehs.net/index.php/qehs-rowing/>
- Once, we have a commitment to joining the club Mr Gaines will send you a new members pack that will have the essential information that a new rowing parent will need to know.

Other Membership Costs

- Join British Rowing - £35 - Race License, insurance, access to technique materials from the website.
- Capsize and Swim Test – Mowden Hall School - 17th November



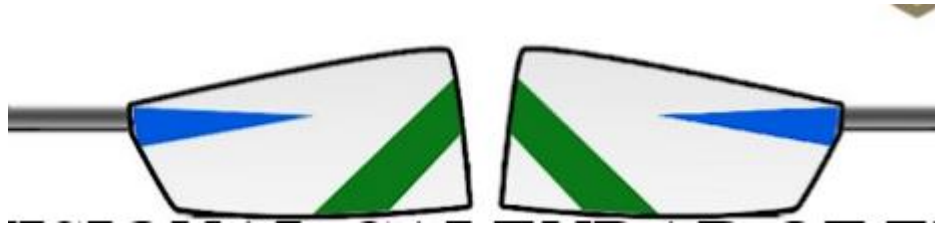
QEHS Club Kit

Minimum requirement for kit

- White base layer, QEHS rowing T shirt, black leggings or PE leggings, QEHS rowing jumper, wellies
- Optional Extras: QEHS all-in-one, QEHS Splash jacket, QEHS PE ¼ zip fleece
- Other essentials: warm wooly hat, cap or visor for sunny days, sunglasses, wellies, running trainers for dry land sessions.
- Every session needs a change of clothing to change in to or layer up with on cold days.

Club kit can be ordered from the following providers:

- Moette - <https://www.moette.co.uk/QEHS-Rowing-Club> 24.10.24 to 11.11.24
- Godfery - <https://godfrey.co.uk/club/queenelizabethhighrc> 22.10.24 to 05.11.24



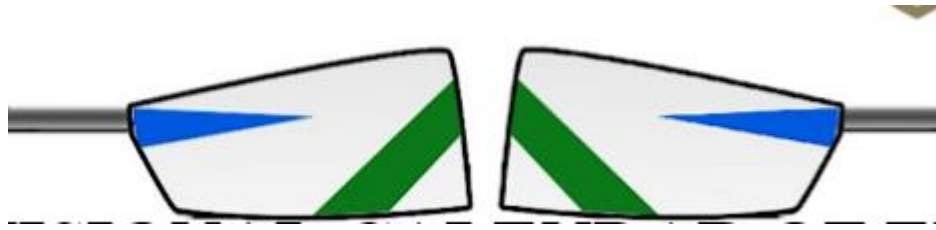
Dates for sessions

October half-term:

- Year 9 sessions – 2 sessions - Sunday 27th October and Wednesday 30th October.
- No session Saturday 2nd November (competition at Durham) or Sunday 3rd November

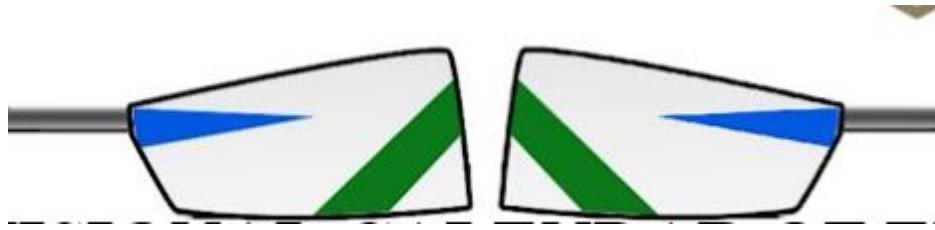
After October half-term, Year 9s can attend the following sessions:

- Monday and Wednesday QEHS PE Block – dry land training – 15h30 to 17h30
- Saturday and Sunday - water sessions at Tyne Green – 09h30 to 12h30



Events

- First event for majority of year 9s will be Durham Head on Saturday 1st February
- Head (time-trial races) run until end of March
- Regatta (side-by-side races) start in April and cumulate in British Championships in mid July.
- Regional events cost between £25-35, this includes race entry fee and transport to and from the event.
- Payment for Events is via My Child at School
- Opportunity to compete at Nottingham in either Junior Inter Regional Regatta (Selected from a local event) or British Championships. These events involve an overnight stay.



Spond

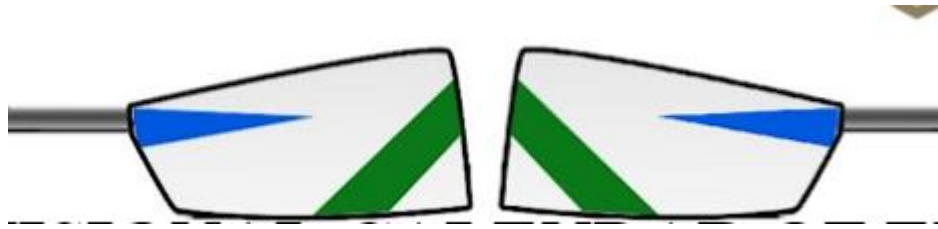
QEHS Rowing Club Year 9

WE communicate via Spond and parental email via school systems.

Joining Spond

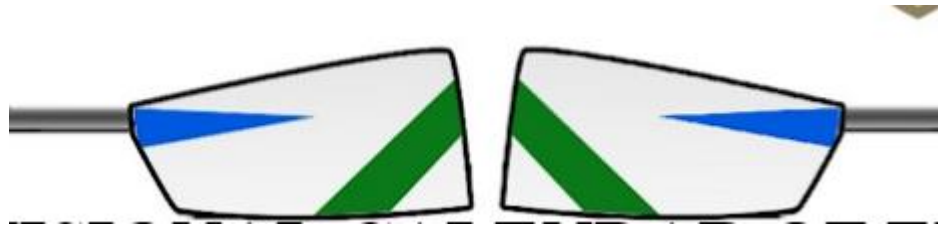
1. To join the group you need to download the Spond app,
2. Create an account and enter the group code.
3. Enter Group code - KVYLC

If you do not have an iPhone or Android phone, you can request an administrator to add you manually with your email. Then you will not get events and notifications to your phone.



Volunteering

- The club relies on parent volunteers
- To become a parental volunteer - need to complete the HLT safeguarding training, DBS.
- Bankside supervision – Mon/Wed/Sat/Sun
- Heads/ Regatta Events – minibus driving, towing, supervision
- Maintenance – Helping keeping boats and club equipment serviced
- Fund raising – applying for funding and grants
- Club events – BBQ, Sponsored events



Question and Answer